

2024 ROSETHORN ADULT TENNIS PROGRAM MAY - JUNE

MORNING WORKOUT (3.0+)

APRIL 30 - JUNE 25 / TUESDAYS

7am-9am: \$450 / 9 weeks

- Intense Drills
- Physical conditioning
- Aerobic tennis development
- 4:1 student to teacher ratio

GET LEAN!

DOUBLES STRATEGY (3.0-4.5)

MAY 5 - JUNE 30 / SUNDAYS

12pm - 2pm: \$450 / 9 weeks

- Court positioning, and playing as a team
- Serving for doubles
- Doubles strategy and drills
- Tie-breaker match play
- 4:1 student to teacher ratio

TACTICS AND DRILLS

SINGLES STRATEGY (3.0-4.5)

MAY 2 - JUNE 27 / THURSDAYS

7am-9am: \$450 / 9 weeks

- Intense drills, Physical conditioning
- Serving for singles
- Singles strategy and drills
- Tie-breaker match play
- 4:1 student to teacher ratio

INTENSE DRILLS

BEGINNER (2.0-2.5)

MAY 4 - JUNE 29 / SATURDAYS

12pm-1pm: \$180 / 9 weeks

- Beginner level promotes a love of tennis and the desire to improve skills
- Focus on technical and tactical skills, movement, court sense, rules and positioning
- 5:1 student to teacher ratio

1000 BALL DRILL (2.0-4.5)

MAY 3 - SEPT 27 / FRIDAYS

7pm-8pm: Weekly Sign-up / \$20 per hour
Call Blanka 647-990-4591

Hit as many balls as you can with the pros during this fast-paced one hour drill.

INTERMEDIATES (3.0-3.5)

APRIL 30 - JUNE 25 / TUESDAYS

6pm-7pm: \$180 / 9 weeks

MAY 1 - JUNE 26 / WEDNESDAYS

1pm-3pm: \$450 / 9 weeks

MAY 2 - JUNE 27 / THURSDAYS

6pm-7pm: \$225 / 9 weeks

MAY 3 - JUNE 28 / FRIDAYS

6pm-7pm: \$180 / 9 weeks

MAY 4 - JUNE 29 / SATURDAYS

1pm-2pm: \$180 / 9 weeks

MAY 5 - JUNE 30 / SUNDAYS

2pm-4pm: \$450 / 9 weeks

- Basics of tactical play for singles and doubles
- Emphasize swing rhythm for forehand and backhand
- Differentiate between volleys and groundstrokes
- Focus on different serving styles as well as return of serve
- 4:1 student to teacher ratio (Wed, Thurs, Sun)
- 5:1 student to teacher ratio (Tuesday, Friday, Saturday)

ADVANCED (4.0+)

MAY 4 - JUNE 29 / SATURDAYS

2pm-4pm: \$450 / 9 weeks

- Competitive and pre-competitive level players
- Training includes aerobic, physical and mental conditioning, instructional drills and challenge matches of singles/doubles
- Move beyond recreational to competitive level
- Expectation is to complement training with participation in local tournaments and leagues
- 4:1 student to teacher ratio

PROS CORNER

MIKE THOMSON (416) 820-1993
Head Teaching Professional
shotselections@rogers.com

BLANKA YELAVICH (647) 990-4591
Teaching Professional, Lesson Administrator
blankayelavich@gmail.com

PRIVATE & GROUP LESSONS

Our club pros are pleased to develop your game in private, semi and group lessons. Please contact pros for availability.

	Mike Thomson	Assistant Pro
Private	\$80/hr	\$70/hr
Semi-Private	\$45/hr	\$35/hr
Group 3ppl	\$35/hr	\$30/hr
Group 4ppl	\$25/hr	\$25/hr
Group 5ppl	\$20/hr	\$20/hr

Signing Up

All lessons are based on a first come first serve basis.

Rain Policy

In the event of rain or inclement weather, group lessons will be scheduled into another group of the same level by the pro. Makeup dates will occur within 7 days of the original lesson date. Please contact the clinic pro regarding the scheduling changes.

Racquet stringing service
with a 48 hrs guarantee



Mailing Address

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Make lesson cheques payable to Shot Selections.



Sponsor

